



LOTUS THERM

SPA & LUXURY RESORT

A Sensory Odyssey towards Relaxation and Inner Harmony

We cordially invite you to embark on an exclusive journey where the art of recovery seamlessly merges with the principles of wellness, delivering an unparalleled experience. Each treatment is meticulously crafted to deeply rejuvenate both body and mind, all within a sumptuous environment dedicated exclusively to your well-being.

Surrender yourself to moments of exquisite relaxation, where every element is thoughtfully curated to provide the utmost comfort. Our treatments are tailored to address your unique needs, enveloped in an ambiance of sophistication and tranquility.

SIGNATURE RITUALS

NELUMBO THERAPEUTIC JOURNEY – 90 min

490 RON

A profound therapeutic ritual designed to restore equilibrium and alleviate muscle tension. The journey commences with an invigorating exfoliation, employing fine salt particles to gently remove dead skin cells and stimulate circulation. This is followed by an aromatic mud wrap, a mineral-rich formulation that aids in detoxifying and revitalizing the skin. The experience culminates in a bespoke therapeutic massage that incorporates muscle relaxation techniques to foster deep relief and enhance flexibility.

NELUMBO SUPREME EXPERIENCE – 90 min

420 RON

An exquisite sensory experience meticulously designed to evoke profound tranquility and liberate the body from daily stresses. The ritual begins with a delicate scrub, preparing the skin for optimal absorption of nourishing ingredients. This is succeeded by a marine algae wrap, rich in essential minerals, which detoxifies, revitalizes, and imparts a silky smooth texture to the skin. The entire experience concludes with a soothing massage, executed with fluid movements intended to calm the mind, relax the body, and restore inner equilibrium.



FACIAL TREATMENTS

ESSENTIAL RADIANCE FACIAL – 50 min

290 RON

A comprehensive facial treatment meticulously designed to revitalize, purify, and balance the skin, imparting a burst of freshness and comfort. Through a carefully curated combination of classic techniques and products tailored to your skin type, this therapy rejuvenates skin texture and supports cellular regeneration. Ideal for all skin types, the Essential Radiance Facial offers a moment of profound relaxation and essential care, restoring your complexion's natural luminosity and visibly revitalized appearance.

HYDRA - CLOUD FACIAL – 90 min

350 RON

A supreme infusion of hydration for dehydrated, lackluster, or environmentally compromised skin. This treatment masterfully combines hyaluronic acid with marine algae extracts and pure collagen, providing the skin with enhanced elasticity, comfort, and radiance. This premium experience revitalizes the skin, restoring its suppleness and natural glow.

THE GLOW CODE – 50 min

420 RON

Beauty knows no universal formula – thus, our facial is designed to be as unique as you are. The Glow Code begins with an advanced skin diagnosis, followed by a personalized selection of active ingredients and cutting-edge techniques, from sculpting facial massages to intensive hydrating and illuminating therapies. The result? Revitalized, balanced skin with a natural glow, perfectly attuned to your individual needs. Because your complexion deserves an exquisitely personalized experience. A Spa journey crafted exclusively for you. No routines. Just excellence.



BODY MESSAGES

SERENITY TOUCH – 50 min

220 RON

Relaxation Massage

An oasis of tranquility and sophistication, Serenity Touch is a sensory therapy designed to transport you beyond the frenetic pace of everyday life. This gentle massage, executed with fluid and harmonious movements, is enriched with carefully selected essential oils to dissolve muscle tension and restore inner balance. A supreme moment of relaxation, perfectly suited for those seeking authentic reconnection and an elevated sense of well-being.

DEEP TISSUE RELEASE – 50 min

250 RON

Deep Muscle Release

Deep Tissue Release is a robust treatment crafted to alleviate deep-seated muscular tension and restore freedom of movement. Through precise techniques of concentrated pressure, myofascial release, and assisted stretching, our skilled therapists tailor each session to your individual needs. Ideal for those with an active lifestyle or persistent discomfort, this ritual restores balance and revitalizes the entire body.

THERAPEUTIC BALANCE – 50 min

250 RON

Therapeutic Massage

Therapeutic Balance is an essential treatment for restoring bodily harmony and deep revitalization. By combining specialized pressure techniques and muscle manipulation, this massage releases accumulated tension and alleviates physical discomfort. Whether aimed at muscle recovery, preventing stiffness, or enhancing overall wellness, each session is personalized to restore vitality and harmony to your body.

SIGNATURE TOUCH – 50 min

320 RON

The Massage That Knows You

No two bodies are identical – why should there be a standard massage? This ultra-personalized experience is crafted exclusively for you, blending intuitive techniques, fluid rhythms, and the perfect pressure to release tensions and restore your inner harmony. Whether you require a deep massage for muscle relief or gentle touches for absolute relaxation, our therapists will sculpt each movement according to your specific needs.

HARMONY TOUCH – 30 min

280 RON

Parent and Child Massage

A unique reconnection ritual where parent and child share a massage experience in a serene and harmonious environment. Under the attentive care of our therapists, gentle movements are tailored to meet the needs of each participant, providing comfort and balance. A precious opportunity to strengthen emotional bonds and share a moment of pure serenity together.

CUSTOMIZE YOUR RITUAL – MINI ADD-ON THERAPIES

Elevate your Spa ritual/experience into a truly luxurious momentum with our exclusive selection of mini therapies, available as complementary options to existing treatments. Each mini therapy is meticulously designed to enhance the primary treatment's benefits, providing you with profound relaxation and a personalized sense of well-being, in harmony with your individual needs.

These therapies are available only as add-ons to selected main treatments.

Scalp Relaxation (20 min)

90 RON

A gentle scalp massage that stimulates circulation and relaxes the nervous system.

Foot Revive (20 min)

90 RON

A revitalizing massage for the calves and feet, offering decongesting and muscle-relaxing effects.

Cervical Tension Release (20 min)

90 RON

Deep techniques applied to the neck and shoulders to diminish tension and regain mobility.

Facial Harmony (20 min)

90 RON

A facial massage that reduces muscle tension, enhances skin oxygenation, and tones the face.

Back Soothing Massage (20 min)

90 RON

A focused massage targeting the back muscles, providing relaxation and alleviating localized discomfort.

Heated Stone Touch (10 min)

50 RON

The application of heated volcanic stones on key areas of the body for profound relaxation and enhanced circulation.

Marine Wrap (20 min)

120 RON

A wrap using mineral-rich marine algae that revitalizes the skin and promotes detoxification.

Silky Skin Scrub (20 min)

120 RON

A gentle yet effective exfoliation that deeply cleanses, smooths the skin, activates circulation, and imparts a uniform and revitalized appearance.

Recommended Guidelines for the Nelumbo Med-SPA Experience

At Nelumbo Med-Spa, every detail is thoughtfully designed to provide you with moments of relaxation and refinement.

To maintain the tranquility of this sanctuary dedicated to well-being, we invite you to observe essential principles of elegance and conduct. These recommendations are intended to ensure a serene and secure environment for all our guests.

Harmony and Calm

The atmosphere at Nelumbo Spa is dedicated to well-being, inner balance, and tranquility. We kindly request that you maintain a low voice, silence your mobile phone, and fully immerse yourself in our services and facilities.

Elegance and Dress Code

To ensure the highest standards of hygiene and comfort during your moments of disconnection, we kindly ask that you wear appropriate swimwear in all common areas, including saunas. In treatment rooms, we provide disposable linen, specifically prepared to ensure your privacy during therapy. Hotel guests are invited to enjoy access to Nelumbo Med-Spa while wearing the robe and slippers provided in their rooms for added comfort throughout their visit.

Spa Experience Scheduling

All therapies are available exclusively by appointment, subject to availability. Upon request, we can assign a female or male therapist based on availability. We recommend arriving 10-15 minutes prior to your scheduled time to relax and complete the necessary health questionnaire before therapy. In the event of a delay, the duration of the treatment will be adjusted to accommodate the schedules of other guests. Please inform our team of any medical conditions, allergies, or incident histories that may influence treatments or the use of facilities.

For modifications or cancellations, we kindly request you to contact us at least 24 hours in advance. Otherwise, a fee of 50% of the service value will be applied. Cancellations made less than 6 hours before the appointment will incur the full treatment cost. Rescheduling is subject to availability.

Minor's Access

Access for minors under 16 years of age to Spa treatments is permitted only with the consent and presence of a parent or guardian, and under conditions of treatments appropriate for their age. To maintain a peaceful and safe environment, access for minors under 16 to relaxation areas, saunas, and treatment rooms is prohibited. Minors must be accompanied by an adult in all common areas, including pools and changing rooms.

Payment Methods

Hotel guests may settle their accounts at the SPA Reception or opt to charge the cost to their room account. External visitors may pay online or at the Spa Reception, using a credit card or cash. Spa service rates are subject to change without prior notice, in accordance with the hotel's internal policy.

Gift Cards

Nelumbo Spa offers personalized Gift Cards, perfect for indulging loved ones with an exclusive and memorable gift. Gift cards can be purchased for specific SPA services or with a desired monetary value, valid for 3 months from the date of issuance. For details and purchases, please contact the Spa Reception or visit the dedicated page on our website.

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